

Argyll & Bute Community Planning  
Partnership

Area Meetings

Date: January 2022

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Partner update ±Public Health

The paper provides an update on ongoing wellbeing and prevention activity overseen and delivered by the HSCP Public Health Team in Argyll and Bute.

Living Well self -management grant funding 2022/2023

In November 2022 Argyll & Bute HSCP launched year 4 of the Living Well (Self-Management) community capacity building fund, which was open to Third Sector organisations who deliver services/support to adults over the age of 18 living in Argyll and Bute.

Applications were invited from third sector organisations that can support the HSCP to deliver on the Living Well Strategy. In 2022/2023, the fund was keen to attract projects that had a particular focus on

- x Supporting volunteer wellbeing.
- x Reducing isolation and improving community networks.
- x Supporting healthy weight or access/cost around food via sustainable food programmes in our communities.

The Living Well steering group is delighted to announce that the following groups will receive grant funding from this programme:

- x Argyll and Bute Citizens Advice Bureau
- x Hope Kitchen
- x Argyll Wellbeing Hub
- x Jean's Bothy
- x Dochas Carers Centre
- x eXp Dunoon
- x Kintyre Link Club

Community Link Working

The Argyll and Bute Community Link Working service is commissioned by Argyll and Bute HSCP and delivered by 3<sup>rd</sup> sector organisation We Are With You. Community Link Workers can be accessed through referral from 14



find further support [https://www.abliveringwell.org/s/small-changes-big-difference-booklet\\_updated-Aug-22.pdf](https://www.abliveringwell.org/s/small-changes-big-difference-booklet_updated-Aug-22.pdf)

## Screening

The Argyll and Bute Health Improvement Team have been raising awareness about the importance of health screening, particularly Bowel and Cervical. Since November 2022, outreach work with many community and third sector organisations has been ongoing, to raise awareness and have access to accurate information. The team plan to deliver training on how to raise the issue of health screening for community-based organisations and offer further support.

In addition to the community work, The Smoke Free Advisers will also start to introduce health screening, where appropriate, when offering their smoking cessation service. Encouraging the conversation of health screening can reduce misconceptions, provide accurate information, and reduce fears and anxieties.

Bowel screening is done to help find cancer early, when it can be cured. In Scotland, people aged 50 to 74 will be inv

request a new test kit each time as the Scottish Bowel Screening Centre won't routinely send you one, ordering a new kit can be done on

<https://www.nhsinform.scot/healthy-living/screening/bowel/request-a-bowel-screening-test-kit/>

Cervical screening is routinely offered to anyone with a cervix in Scotland between the ages of 25 and 64 is usually every 5 years. Testing for HPV is an effective way of identifying those at risk of developing cervical cancer. More information can be found on <https://www.nhsinform.scot/healthy-living/screening/cervical/cervical-screening-smear-test> .

In addition to this if anything seems unusual for you, or you have any signs or symptoms that you are concerned about, the advice is to contact your GP to arrange an appointment.

Further information on all the NHS Screening Programmes can be found at NHS